



WIM IN MARCH
BUSINESS EXPO @DESMOND GREAT VALLEY HOTEL
1 LIBERTY BLVD, MALVERN, PA. 19355
REGISTRATION DEADLINE MARCH 12TH

Date: Tuesday, March 16th
Time: Doors will open at 5:45 P.M. for registration
Expo: 6:00 P.M. to 9:00 P.M.
Place: Desmond Great Valley Hotel and Conference Center
Cost: Dinner Reservation: \$40.00 pp inclusive- of Dinner, Expo, and all Seminars

ADVANCED PAYMENT IS REQUIRED-SEE FORM BELOW-

Featuring a Healthy Heart Buffet designed by Executive Chef, Tom Macrina

All you can eat" buffet dinner

You will have plenty of time to eat, visit the Expo. Exhibitors, and enjoy the Seminars.

DINNER TO INCLUDE

Soup du Jour

Salad Bar/with assorted Healthy Bean and other Salads

Grilled Chicken & Baked Salmon

Whole Wheat Hot Pasta

Chef's Selected Starches and Vegetable

Fresh Rolls & Butter

Chef Selected Desserts

Iced Tea, Coffee & Teas

****Dinner purchase is required prior to entrance – Please submit the registration form below.**

I will attend the Women in Motion Business Expo:

Name/Names:

Company:

Address

E-mail:

Member:

Cell:

Non Member

**Mail form and check to Dee Rogevich, Women in Motion,
P.O. Box 72433, Thorndale, Pa. 19372
Registration deadline, March 12th**

We promise you a great networking opportunity and valuable information on many health, wellness, stress, and fitness programs as well as how to stick to those commitments.

We will have 4 Educational Power Packed Seminars available by 4 certified professionals in their fields.

Please circle the numbers of the seminars you wish to attend! Seminars will run every ½ hour from 6:30 P.M.

None will overlap. You may attend all 4 if you wish. All to begin and end at exact time stated.

Further questioning can continue at the Exhibitor's Tables.

1. The Wheel of Balance-How Bumpy is your ride? Diane Catrambone, Certified Health Coach, Life Management Counselor and Master Personal Trainer. www.dianecatrambone.com Promptly at 6:30-6:50 P.M.
2. Linda Raileanu-Healthcare Expert & Holistic Practitioner, a journey through the Healthcare Maze. Empower yourself with Knowledge. www.genuine-hcr.com Promptly at 7:00-7:20 P.M.
3. Nancy Boudrie- Reduce Stress, Increase Confidence and welcome inner peace. Learn to bring your vital life force energy into balance. www.awakenwithlight.com Promptly at 7:30-7:50 P.M.
4. "Steps to the Possible You!" Mark Goodwin-Certified Executive Chef, Wellness Coach and Personal Trainer will introduce you to the six steps that will maximize the impact in your life dealing with how you look, feel, and think! www.all-n-won.blogspot.com Promptly at 8:00-8:20 P.M.

Dee Rogevich

President/Founder

Women in Motion

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Visit us on-line at www.wimnetworking.com

Phone: 610-384-0405/Fax: 610-380-4468